

What is Recreational Therapy?



Service Definition: Recreational Therapy services are services provided consisting of a medically approved recreational program to restore, remediate, or rehabilitate an individual in order to improve the individual's functioning and independence and/ or reduce or eliminate the effects of an individual's disability.

Supporting: Bartholomew, Brown, Decatur, Delaware, Elkhart, Hamilton, Hendricks, Jasper, Jennings, Johnson, Lake, LaPorte, Madison, Marion, Marshall, Monroe, Morgan, Owen, Pulaski, St. Joseph's, Starke

THE JOB OF A RECREATIONAL THERAPIST

PERSONAL

Features of a person's body

DOMAINS

- physical
- emotional
- behavioural
- social
- cognitive

PUBLIC

Features of the society in which he or she lives

PUBLIC SETTINGS

- schools
- medical facilities
- rehabilitates
- communities
- camps

BIOPSYCHOSOCIAL APPROACH

- health condition
- body structure & function activity
- participation
- environmental factors
- personal factors