

# GRST: General Recreation Screening Tool

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Staff \_\_\_\_\_

Unit \_\_\_\_\_ Date of Assessment \_\_\_\_\_

The purpose of this screening tool is to provide the therapist with a general assessment that helps determine the strengths and weaknesses of the resident. The results also provide a developmental level for each assessed functional skill that relates to the resident's leisure capabilities. Please note that the skills listed within each category may not be in exact developmental order.

**Scoring:** Read the developmental skills listed in each age group for each functional leisure skill category. If the resident is able to demonstrate between 50% and 75% of the skills listed within the age group, draw a dashed line through that age group. If the resident is able to demonstrate 75% or more of the skills listed within the age group, draw a solid line through that age group.

**Example:**

	0-6 months	6-12 months	1-3 years	3-6 years	7-10 years
Fine Motor	—————		- - - - -		

### DEVELOPMENTAL GROUPS

		0-6 months	6-12 months	1-3 years	3-6 years	7-10 years	10+
Physical	Functional Leisure Skills						
	Gross Motor						
	Fine Motor						
	Eye-Hand						
Cognitive	Play Behavior		6 mo – 9 mo	9 mo – 3 yr	3-4 yr	4-5 yr	5-10 yr
	Play Structure			1-5 yr		5-10 yr	10+
	Language Use						
	Language Comp.						
	Numbers						
	Object Use						
	Follow-Directions						
	Problem Solving						
	Attending Behavior						
Affective	Possessions						
	Emotional Control						
	Imitation Play						
	People Skills						
	Music						
	Stories/Drama						

Summary / Recommendations: