



Person Centered Individualized Support Plan (PCISP) Life Domains: 1.) Daily Life and Employment (*What a person does as part of everyday life – school, employment, volunteering, communication, routines, and life skills.*), **2.) Community Living** (*Where and how someone lives – housing and living options, community access, transportation, home adaptation and modification.*), **3.) Safety and Security** (*Staying safe and secure – finances, emergencies, well-being, decision-making supports, legal rights and issues.*), **4.) Healthy Living** (*Managing and accessing health care and staying well – medical, mental health, behavior, developmental, wellness and nutrition.*), **5.) Social and Spirituality** (*Building friendships and relationships, leisure activities, personal networks and faith community.*), **6.) Citizenship and Advocacy** (*Building valued roles, making choices, setting goals, assuming responsibility and driving how one’s own life is lived.*), **7.) Other Areas** (*To be utilized in those rare situations when what the individual desires does not fit into one of the other life domains.*)

Person Centered Individualized Support Plan (PCISP) Life Domain: [Insert Here]

Priority Need / Desired Outcome 1.0:

Action Step 1.1:

Action Step 1.2:

Action Step 1.3:

Person Centered Individualized Support Plan (PCISP) Life Domain: [Insert Here]

Priority Need / Desired Outcome 2.0:

Action Step 2.1:

Action Step 2.2:

Action Step 2.3:

Recommended Activities and Tx Modalities:

Based on the assessment, **[Insert Individuals Name]** interests, and the goals and objectives, the following activities are recommended for treatment:

EXAMPLE:

Exercise (anaerobic and/or aerobic) is the most effective way of keeping the body healthy. Exercise should be utilized to address this. Exercise will open more leisure and recreation options for _____.

_____ will learn skills and behaviors that could either help or interfere with socialization with other in Social Skills Training. It will also help him learn how to positively adapt to various settings and change in an appropriate manner. Studies have shown the improvement in social skills will also help improve anxiety management, attention, and flexibility / transitions.

Activity and Modality References:

EXAMPLE:

ASSISTED INDEPENDENCE, LLC.

www.assistedindependence.care

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812-374-9450



Cummins, R.A. and Lau, A.L.D. (2003), Community Integration or Community Exposure? A Review and Discussion in Relation to People with an Intellectual Disability. *Journal of Applied Research in Intellectual Disabilities*, 16:145-157. Doi:10.1046/j.1468-3148.2003.00157.x